

Sustainable Summer Adventures

BIG
Kids
Club.



original | diverse | flexible

What is Big Kids Club?

Big Kids Club is a structured program of play and learning for preschoolers and toddlers... who don't nap in the afternoons.

The educational components focus on environmental awareness and appreciation, and social development happens when kids get together on a regular basis to practice sharing, problem solving, and group dynamics.

Each season, teacher present activities to engage children's senses, and fieldtrips around the Lower Mainland to apply what they've learned in the real world.

This book includes some of our favourite fieldtrips!



*8 Sustainable Adventures
to enjoy this Summer!*

Presented by Buddings Daycare and our Big Kids Club Teachers







Solefood Street Farms

299 W 1st Ave, Vancouver

10 min. walk from Olympic Village Skytrain

Reasons to visit,

SoleFood farms is an amazing place to learn about sustainable foods, teamwork, and friendship!

More Markets!

Trout Lake: Saturdays from 9am-2pm |
May 4, 2019- October 19, 2019

Main Street Station: Wednesdays from
2pm-6pm |
June 5, 2019- October 2, 2019

Crowe St. Market: NEW! Thursdays
from 4pm-7pm |
June 6, 2019 – August 29, 2019





UBC Botanical Garden

6804 SW Marine Dr, Vancouver

Accessible by all busses to UBC

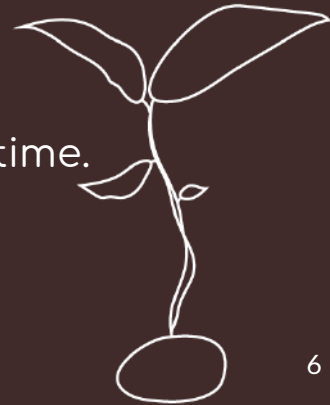
Reasons to visit,

The Greenheart Canopy Walk will take your breath and build your courage.

Tips:

Fee for adults, but free for kids under 5!

Borrow the book "Tap the Magic Tree" for an extra magical snack time.





Lonsdale Quay Market

123 Carrie Cates Ct, North Vancouver

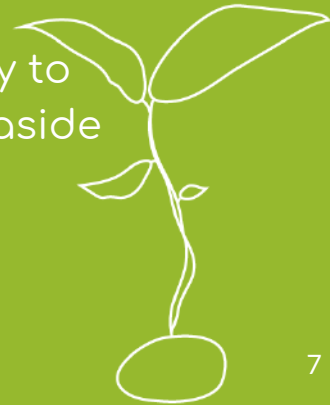
Skytrain, Bus, and Seabus!

Reasons to visit,

Our buddies love taking public transit with their friends, especially riding on the Seabus! Explore the bustling local farmers' market at Lonsdale Quay, in North Vancouver.

Tips:

Head west from the quay to Waterfront Park for a seaside play adventure!





Renfrew Ravine Park

3900 Renfrew St, Vancouver

29th Avenue Skytrain Station

Reasons to visit,

Go down to the ravine, in this hidden adventure amidst the busy streets and stations!

Tips:

Enter the park at 29th Ave and re-emerge at 22nd.

Cross 22nd Ave for more forest fun on the the north side of the street!



Win 6 hours of Satur-daycare for
2 kids ages 18 months-6 years old, and...

2019 Mountain-top Adventure Giveaway!

\$100 gift certificate to The Observatory Restaurant
at Grouse Mountain. Reservations include the gondola





2 ways to win:

1. Register your email at buddings.ca/sustainable-summer-adventures-2019

Everyone gets one entry!

2. Follow us on instagram [@buddingsdaycare](https://www.instagram.com/buddingsdaycare) to tag us, and use [#BigKidsClub2019](https://www.instagram.com/hashtag/BigKidsClub2019) when you share pics of your sustainable adventures this summer.

Each post is another entry!

Further Details on p.18



Fraser River Discovery Centre

788 Quayside Drive, New Westminster
Expo Line to New Westminster Station

Reasons to visit,

Learn about the Fraser River ecology, play in a boat, see a giant lego man. New West has it all!

Tips:

Park the stroller at home, this trip is full of fun but also full of stairs!





Strathcona Community Garden

759 Malkin Ave, Vancouver, BC

Bus #22

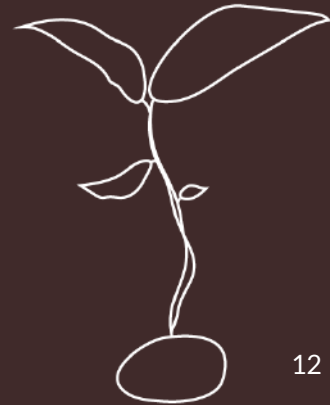
Reasons to visit,

Community Gardens provide an opportunity to talk to our buddies about how food and plant grows!

Tips:

This hidden community garden has a secret jungle and an apiary!

It's a perfect summer adventure to meet a friendly bee.





False Creek Ferries

Stamp's Landing Ferry Dock

Check out

<https://granvilleislandferries.bc.ca>

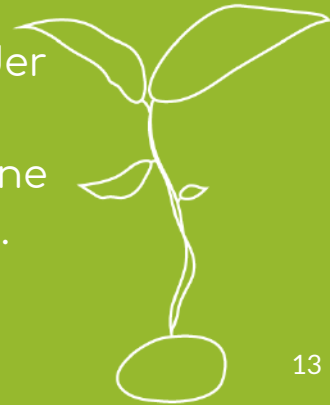
Reasons to visit,

Taking the Aquabus to Granville Island, David Lam Park, or just for a round-trip ride-along is an extra fun experience for buddies of all ages!

Tips:

It's only free for kids under 3 years old !

Pre-buy your tickets online to get a discounted rate.





Crab Park

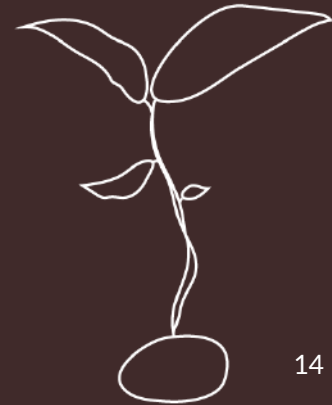
101 E Waterfront Rd

Reasons to visit,

This waterpark features umbrellas that shoot water, how fun is that? It's close to the sea, and accessible by helipad exit from the Waterfront Seabus Station

Tips:

Scout the grounds carefully before taking off your shoes.



What else can we do to lead a sustainable life?

Find out at our family-friendly educational neighbourhood party!

July 21, from 2 - 5pm



Because We Live Here

Giant
Bubbles

Recycling

DJ Music

Watermelon
Carving

Face
Painting

Art



Clean & Green
Neighbourhood Party
July 21, 2-5pm



1438 Cedar Cottage Mews
Absolutely free, everyone's invited!



Clean & Green 2019 Neighbourhood Party

We're making it EASY to be GREEN!

Recycling for 100lbs of food pouches

Safe disposal for:

- Small appliances/electronics
- Batteries, light bulbs and paint
- Styrofoam, metal, and more!

Healthy snacks, dancing,
bubbles, and your chance to
take the watermelon crown...

buddings.ca/clean-green-2019



...because we live here!

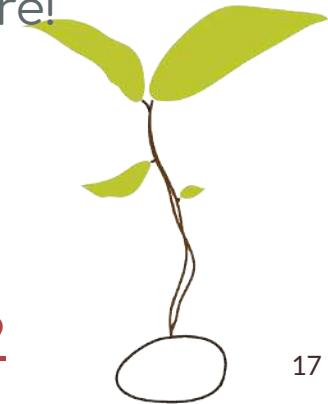
1438 Cedar Cottage Mews

find out what's happening at
buddings.ca/clean-green



vancouver
foundation

neighbourhood
small grants



Instagram Giveaway Details

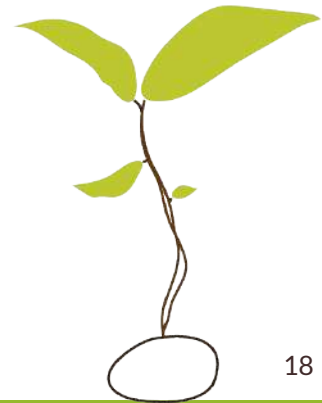
This giveaway is not affiliated with Instagram. No purchase is required to participate.

The giveaway will be open from June 16th to July 31st 2019.

The winner will be randomly selected on Aug. 1st 2019, and contacted via email. If the winner does not reply within 48 hours, a new winner will be selected.

The prize for this giveaway is
6 hours of Satur-daycare from Buddings Daycare for up to 2 children AND
\$100 gift certificate to The Observatory Restaurant at Grouse Mountain.

Daycare hours valid until Oct.. 31, 2019, and can be transferred.



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More information available at
buddings.ca/how-it-works

